



Fatima

- ▶ Left education after A Levels to care for her father
- ▶ Worked for four years before deciding to go to university
- ▶ Now studying a degree in Business Management with a foundation year

I didn't think I'd enjoy being back in education as much as I did

When I was working, I'd leave everything at work and come home and caring was my focus. With university, the course became my life. I really enjoy the subject – Business Management – especially because I could pick Psychology and Sociology as modules in my Foundation Year. I was mature enough to understand what I actually liked and I met people who knew what I was going through, which was nice.

The four years I spent working were completely different to college or university, but I slowly got back into writing essays, revising and sitting exams. Doing a foundation year has really helped bring me back to the mindset I had when I was 18.

I really like being an adult learner because I'm old enough to know what I want. I can concentrate on studying and getting my degree. I still have fun, but I'm more focused on my end goal.

I was able to transition back into education through my foundation year

Have a clear goal and take all the support offered

My advice for anyone who is considering coming to university is to know where you're aiming to get to. Knowing what your problems and difficulties are can help people to help you. By utilising all the support available at university, you can make sure you focus on your education.

At the end of it all I hope to have a degree that will help me go into the career I've always wanted.

